



Annexure-II

**UNIVERSITY GRANTS COMMISSION
BAHADUR SHAH ZAFAR MARG
NEW DELHI-110 002**

**Report of the UGC Expert Committee which visited Lakulish Yoga University
(Private University), Lakulish Yoga University, Chharodi, Ahmedabad (Gujarat)
during 05-07th February, 2020**

Part – I - Preliminary

(i)	Constitution of the Expert Committee	As per UGC letter/e-mail dt.30/1/2020 Appendix-I	
Sl. No.	Name and address	Contact Details	Remarks
1.	Dr. H. R. Nagendra, Chancellor Swami Vivekananda Yoga AnusandhanSamsthana, Benguluru – 560 106	080-2263 9961, 2263 9963 (M) 7019381794(Shiva PSK) chancellor@svyasa.edu.in shivakumar@svyasa.org (PS)	Chairperson
2.	Prof. C. L. Khetrapal Distinguished Professor Centre for Biomedical Research, Lucknow	09415408859 (M) clkhetrapal@hotmail.com	Member
3.	Dr. K. Krishna Sharma Prof & Chairman Department of Human Consciousness & Yogic Science, Mangalore University, Mangalagangothri – 574 199	09448241005(M) drkrisharma@rediffmail.com	Member
4.	Prof. R. Elangaovan Head, Department of Yoga Tamil Nadu Physical Education and Sports University, Chennai – 600 127	07358281920 (M) relangovantnpesu@gmail.com	Member
5.	Dr. I. V. Basavaraddi, Director Morarji Desai National Institute of Yoga (MDNIY) 68, Ashoka Rd, Pandit Pant Marg Area, SansadMarg Area, New	09810800-289 (M) ibasavaraddi@yahoo.co.in	Nominee Member from Ministry of AYUSH

LAKULISH YOGA UNIVERSITY, CHHARODI, AHMEDABAD – 382 481 (GUJARAT)

	Delhi, Delhi 110001		
6.	Dr. Ajay Kumar Khanduri, Joint Secretary University Grants Commission, Bahadur Shah Zafar Marg, New Delhi – 110 002	9868111961 (M); khanduri.ugc@nic.in	Email: Coordinating Officer
(ii)	Date(s) of the visit	5:00 PM of 5th February, 2020 from Surat to 5:30 PM of (Friday) 7th February, 2020 at Ahmedabad	
(iii)	Any other information (Non-participation of members, any special factor or situation/ difficulties relevant to the report	Nil	

Part – II - Introduction

(i)	Brief introduction of the University (refer 1.1 of the format)	Lakulish Yoga University, “Lotus View” ,Near Balaji Temple, Sarkhej-Gandhinagar Highway, Chharodi, Ahmedabad -382 481 (Gujarat)
(ii)	Date of establishment of the University (refer 1.4 of the format)	16 th April, 2013
(iii)	Brief description of the University and its faculties/courses	University has been established through an act of the State Legislature, Gujarat Private Universities (Amendment) Act No. 18 of 2013 read with Act No. 8 of 2009 vide Govt. of Gujarat Notification No.GH/SH/24/GPU-2009-321-Kh(1) dated 24 July 2009. Copies of the Notification & Act No.18 of 2013 and Act No. 8 of 2009 as well as first statute approved by Government Gessate No: GH/SH/34/EPU/2017/122/KH1 date: 13 th December, 2018 are enclosed as Annexure – C As per Appendix- XIII of 8.2
(iv)	Brief description of the Trust/Society that governs the University	Description of the Trust Annexure-I of 1.6

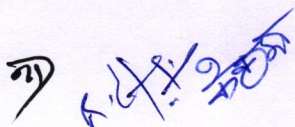
Part – III – Summary Report

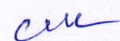
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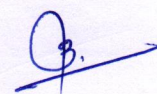
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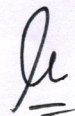
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A. Legal Status		
(i)	Is the University duly established under the law and as required in the UGC Regulations? (refer 1.10 and 1.11 of the format)	University has been established through an act of the State Legislature, Gujarat Private Universities (Amendment) Act No. 18 of 2013 read with Act No. 8 of 2009 vide Govt. of Gujarat Notification No.GH/SH/24/GPU-2009-321-Kh(1) dated 24 July 2009. Copies of the Notification & Act No.18 of 2013 and Act No. 8 of 2009 as well as first statute approved by Government Gazette No: GH/SH/34/EPU/2017/122/KH1 date: 13 th December, 2018 are enclosed. Yes, as mentioned above.
(ii)	Is the Trust/Society involved in promoting the University sufficiently focussed on educational activities and independent of their business or any other interest, if any?	Yes. The sponsoring Trust is involved in educational activities.
B. Organization Description		
(i)	Does the University abide by UGC Regulations on off-campus centres Yes No Not applicable (refer 2.4 of the format)	The University has established five off-campuses (within the State) with the approval of the Government of Gujarat. Approval of the Government of Gujarat is attached as Appendix - VIII .
(ii)	Does the University abide by UGC Regulations on off-Shore campus centres Yes No Not applicable (refer 2.5 of the format)	No off-shore campus is established by the University.
(iii)	Does the University offer courses under distance mode with the approval of competent authority	No

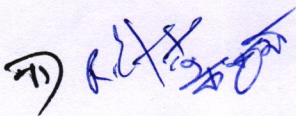




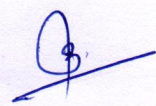




	of the Government of India? Yes No Not applicable (refer 2.6 and 2.7 of the format)	
C. Academic Activities		
(i)	Are the courses offered by the University narrowly focussed or adequately diverse?	The courses/ programmes offered by the University at present are adequately diverse.
(ii)	Are the list of courses for the award of degree as per the Section 22 of the UGC Act, 1956?	All the degrees awarded by the University are specified by the UGC under Section 22 of the UGC Act, 1956.
(iii)	Is the sanctioned intake is as per the norms/intake sanctioned by the concerned Statutory Council(s)/UGC?	The sanctioned intake is as per the norms by the University.
(iv)	Whether courses run are approved by concerned Statutory Council(s)?	There is no statutory Council for Yoga Courses.
(v)	Are there adequate support facilities for students, especially for disadvantaged students? (refer 4.5 of format)	Yes. The following support facilities are available: <ul style="list-style-type: none"> ➤ Counselling facilities ➤ Tuition fee concession ➤ Remedial classes ➤ Scholarships ➤ Soft Skills development courses ➤ Hostel facilities ➤ Sports facilities ➤ Extension activities ➤ Lifts, ramps, customised washrooms
(vi)	Are the students adequately informed? (refer 4.7 and 4.8 of the format)	Yes. The university website is regularly updated. The students are informed through website, telephone inquiry, onsite, literature, handouts, news paper advertisement, local employment booklet/news.

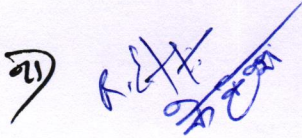
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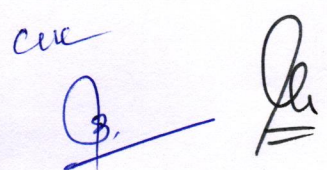
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(vii)	Is there a Grievance Redressal Mechanism and is that working properly? (refer 4.9 of the format)	The University has a grievance redressal cell. However, no complaint has been received so far. The Copy of grievance redressal cell enclosed as Appendix - XIII.
(viii)	Is the University following proper procedure for formulation and revision of curriculum on periodic basis? (refer 5.1 to 5.4 of the format)	<p>BOS finalizes the curriculum which is placed before the Academic Council and BOM for approval. Composition of the statutory Bodies of the University are given in Appendix-XVII.</p> <p>The curriculum revision is discussed at the Departmental Level followed by passing on the recommendations to BOS through Appropriate Authorities of the University. BOS in turn obtains its approval after it gets ratified at Academic Council and BOM.</p> <p>The curriculum was revised in 2019-20 for three years i.e. up to 2021-22.</p> <p>The minutes is collectively enclosed as Appendix - XV</p> <p>Syllabus is designed on CBSC approach & consist both of practical & theory components. Pedagogy includes seminar, symposium, lectures, field training, ashram visit, internship, etc.</p> <p>The University is following proper procedure.</p>
(ix)	How regular, fair and transparent is the examination system? (refer 5.7 to 5.14)	<p>Examination Systems have been developed taking into consideration both Theory as well as practical's and implemented as per the teaching practices being followed by the University to teach and train students in Yogain its real sense. Answer Scripts of the University are evaluated as per the standard practice followed for the purpose. External Experts are invited for evaluation.</p> <p>No case of malpractice has been reported.</p> <p>The question papers are set considering the total contents of their course.</p> <p>The policy of the examination is enclosed as Appendix - XVI</p>

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		The academic calendar if published every year.																																							
D. Admission Process																																									
(i)	Does the University follow fair and transparent procedure for admission? (refer 6.1 and 6.7 of the format)	<p>Admissions are based on minimum eligibility criteria fixed for each course. Admissions are made purely on basis of merit.</p> <p>For P.G. Programs & Ph.D. programme, admissions are based on policy framed by the University. The admissions are based on completion of orientation course and passing the same with the minimum required marks as fixed by the university.</p> <table border="1"> <thead> <tr> <th>Sr.No</th> <th>Courses</th> <th>Eligibility</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Ph.D (Karm-Gyan-Bhakti Yoga)</td> <td>As per UGC Guideline</td> </tr> <tr> <td>2</td> <td>M.Phil (AstangYog)</td> <td>As per UGC Guideline</td> </tr> <tr> <td>3</td> <td>M.Phil (Karm-Gyan-Bhakti)</td> <td>As per UGC Guideline</td> </tr> <tr> <td>4</td> <td>M.A. (Karm-Gyan-Bhakti Yoga)</td> <td>Any Graduate with 50% + Bridge Course</td> </tr> <tr> <td>5</td> <td>M.Sc. (Ashtang Yoga)</td> <td>Any Graduate with 50% + Bridge Course</td> </tr> <tr> <td>6</td> <td>Post Graduate Diploma (Yoga Therapy)</td> <td>Any Graduate with 50%</td> </tr> <tr> <td>7</td> <td>B.A. (Karm-Gyan-Bhakti Yoga)</td> <td>12th Pass from Any Stream</td> </tr> <tr> <td>8</td> <td>B.Sc. in Ashtang Yoga</td> <td>12th Pass from Any Stream</td> </tr> <tr> <td>9</td> <td>Diploma (Karm-Gyan-Bhakti Yoga)</td> <td>10th Pass from Any Stream</td> </tr> <tr> <td>10</td> <td>Diploma (Ashtang Yoga)</td> <td>10th Pass from Any Stream</td> </tr> <tr> <td>11</td> <td>Yoga Teachers training Course</td> <td>12th Pass from Any Stream</td> </tr> <tr> <td>12</td> <td>Certificate Course In Yoga</td> <td>10th Pass from Any Stream</td> </tr> </tbody> </table> <p>There is separate policy of the University in regard to NRI and Overseas students. i.e. equivalence certificate from AIU is obtained.</p>	Sr.No	Courses	Eligibility	1	Ph.D (Karm-Gyan-Bhakti Yoga)	As per UGC Guideline	2	M.Phil (AstangYog)	As per UGC Guideline	3	M.Phil (Karm-Gyan-Bhakti)	As per UGC Guideline	4	M.A. (Karm-Gyan-Bhakti Yoga)	Any Graduate with 50% + Bridge Course	5	M.Sc. (Ashtang Yoga)	Any Graduate with 50% + Bridge Course	6	Post Graduate Diploma (Yoga Therapy)	Any Graduate with 50%	7	B.A. (Karm-Gyan-Bhakti Yoga)	12 th Pass from Any Stream	8	B.Sc. in Ashtang Yoga	12 th Pass from Any Stream	9	Diploma (Karm-Gyan-Bhakti Yoga)	10 th Pass from Any Stream	10	Diploma (Ashtang Yoga)	10 th Pass from Any Stream	11	Yoga Teachers training Course	12 th Pass from Any Stream	12	Certificate Course In Yoga	10 th Pass from Any Stream
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(ii)	Do any special reservation on quota follow clearly laid down policy?	As per the policy
E. Fee Structure		
(i)	Are the students sufficiently informed about the fees and charges payable?	Yes, students are sufficiently informed about the fees and charges payable through website and prospectus.
(ii)	Does the University follow its own declared policy in collecting any fees or charges or are there some charges over and above the publically stated fee structure?	Fee charged as per the Fee Structure displayed on the University website and the prospectus. There are no hidden charges.
(iii)	Is the mode of fees collection transparent or are there complaints of payments without receipts?	University is adopting all possible modes of fees collection transparently such as Digital Payment (Online Payment), EDC, UPI, Cheque and Demand Draft etc. No complaints were found for payments without receipts.
(iv)	Are the fees reasonable compared to costs involved in running the programmes and to other similar institutions?	The fee was found reasonable and comparable to other similar institutions.
(v)	Is the fee structure based on a policy or guidelines laid down by the Government?	The fee structure is decided by the University.
(vi)	Is there any indication of the University being run solely or primarily for commercial gains?	There is no evidence to suggest that the University is being run solely or primarily for commercial gains.
F. Faculty		
(i)	Does the University follow Pay Scales and service conditions laid down by the UGC?	The service condition laid down by UGC are being followed. However, most faculty are offering their full time services on voluntary basis.
(ii)	Is the faculty well qualified and well trained for the courses? (if required, please make	The qualification of the faculty is as per the norms of UGC.

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J. Research Profile		
(i)	How would you rate the research profile of the University in terms of Research orientation, environment, facilities and output? (please give comments separately on faculties and departments)	Research facilities are available. However, the research profile of the University is moderate.
K. Miscellaneous		
(i)	Is the Non-teaching staff adequate, well qualified and paid as per the norms of the concerned State Government?	The non-teaching staff is adequate and qualified. They are being paid as per the norms of the University.
(ii)	Do the academic results show evidence of independent and rigorous evaluation prior to the issue of degrees?	The evaluation system was found to be independent and transparent.
(iii)	Has the University obtained necessary and desirable accreditations?	The University is not yet accredited by NAAC/ NBA/NIRF. The University should apply for accreditation.
L. Strength and Weaknesses of the University		
(i)	Strengths of the University	Very good physical infrastructure CBCS based programmes Able Leadership Dedicated and qualified faculty Best Practices Best practices for character building and value education are/being provided.
(ii)	Weaknesses of the University	Student intake should be increased.

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		Research activities need to be addressed as priority.
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Part – IV – Recommendations

**A. General Observations and suggestions
(please avoid repetitions of the point mentioned above)**

After on the spot visit, interaction and discussion with the stakeholders and verification of the documents, the observations of the Committee are as follows:-

1. Sponsored by The Lakulish International Fellowship's Enlightenment Mission (a registered public charitable Trust), Lakulish Yoga University, Ahmadabad (Gujarat) has been established through an act of the State Legislature, Gujarat Private Universities (Amendment) Act No. 18 of 2013 read with Act No. 8 of 2009 vide Govt. of Gujarat Notification No.GH/SH/24/GPU-2009-321-Kh(1) dated 24 July 2009.
2. This University was inaugurated by the then Chief Minister of Gujarat and now Prime Minister of India Hon.Shri Narendra Modi on 23/05/2013, who has noted in the visitors book of university that this university is not just a constitutionally formed institute, but a Yoga Tree resulted due to Non-stop Yoga Sadhana of P.P. Shri Rajarshi Muniji, Founder of the University.
3. The University has its main campus at Ahmedabad (Gujarat) apart from five off-campus centres at LimbdiTaluka (Surendranagar Dt.), DabhoiTaluka (Vadodara Dt.), KaloITaluka (PanchMahal Dt.), Surat and Vadodara. These off-campus are approved by the State Government of Gujarat.
4. The University is offering courses in the field of Yoga Systems. The courses offered are - Diploma (Ashtang Yoga), Diploma (Karma Gyan Bhakti Yoga), Yoga Instructor Training Course, PG Diploma in Yoga Therapy, B.Sc. (Yoga Education), B.A. (Karma, Gyan and Bhakti Yoga), M.Sc. (Yoga), M.A. (Yoga), M.Phil (Ashtang Yoga) and Karma Gyan Bhakti Yoga and Ph.D.
5. The main campus of the University at present is located on 11600 sq. mts. of land leased by the Government of Gujarat. The infrastructure is very good in terms of class rooms, practical rooms, therapy labs, offices, staff rooms, labs, etc. The class rooms are equipped with all the necessary infrastructure. The entire building is facilitated with natural light and air. Apart from the auditorium, there is a large ground which is perfect for Yoga & Meditation. The hostels are well maintained. Residential accommodation is available for faculty and staff. Adequate sports facilities are also available. Overall, the infrastructure is adequate and impressive.
6. After the inspection of various off-campus of the University, the committee recommends that the present off-campus at Jakhan of about 11.1 acres shall be the main campus of the University after getting suitable permission from the State Government.

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7. The library is equipped with a rare collection of books on various topics like ancient yoga, spirituality, physical and mental health and many ancient Hindu scriptures. However, good number of technical journals and needed books should be added to the Library.
8. The University has recruited adequate faculty members with required qualifications and experience. They are well trained for the courses offered. The Committee found that the faculty members are energetic, dedicated and enthusiastic.
9. The admission policy is transparent. The fee structure is moderate.
10. The examination system is robust. The university examination is conducted as per the schedule notified in the Academic calendar, published at the commencement of each academic year. Students are assessed through a continuous evaluation system comprising classroom quizzes, assignments, mini projects, fieldwork, classroom activities, Mid-term and End-term semester examination. Supplementary exams are also conducted for students who have not obtained pass marks in the prior attempts. The university involves external experts as well as internal faculties in the process of paper setting, evaluation of answer scripts. The Committee is satisfied with the examination and evaluation system adopted by the University.
11. The Committee observed that the good teaching learning methods are adopted by the University.
12. Although the faculty is involved in some research and publication activity, the research profile of the University is in nascent stage.
13. The Committee is satisfied with the facilities available for teachers and students.
14. The Committee interacted with the faculty, students, alumni and non-teaching staff of the University and off-campus. All of them were appreciative of the facilities extended to them by the University. The students were happy with the campus environment, teaching, infrastructure and hostel facilities.
15. The University is supported by an able leadership.

B. Operations recommendations which require satisfactory compliance by the University before issue of Approval Letter

1. The University should apply for NAAC accreditation and also participate in NIRF rankings.
2. The faculty should try to get extramural research projects.

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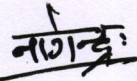
C. Final Recommendations

(whether the University should be granted Approval Letter/ Approval Letter subject to compliance / Should not be granted Approval Letter)

The Committee visited the administrative area, class rooms, central & departmental libraries, laboratories, sports facilities, residences, seminar halls, auditorium, hostels and other facilities available in the main campus at Ahmedabad and five off-campus of the University. The Committee interacted with the faculty, students, and non-teaching staff of the University at all the campuses and also verified various records pertaining to Act/Statutes/Ordinances, land, faculty, labs, library, publications, etc.

After on the spot visit, interaction with stakeholders and verification of records, the Committee is of the view that **Lakulish Yoga University, Ahmedabad (Gujarat)** is imparting quality education in the field of Yoga Systems. Such Universities needs all the encouragement in the country. The University is offering courses/programmes in accordance with the norms and standards prescribed by UGC.

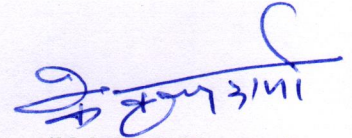
Therefore, the Expert Committee unanimously recommend that the approval letter may be issued to the University.



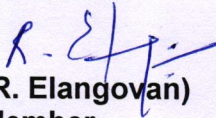
(H.R. Nagendra)
Chairman



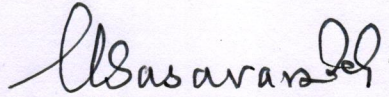
(C.L. Khetrapal)
Member



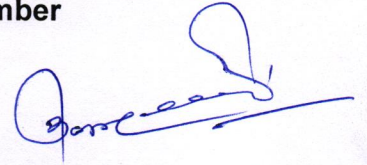
(Krishna Sharma)
Member



(R. Elangovan)
Member



(I.V. Basavaraddi)
Ministry of AYUSH Nominee



(Ajay Kumar Khanduri)
UGC Coordinating
Officer

07thFebruary, 2020
Ahmedabad (Gujarat)